



Overview: Shoot With a Coach (Pistol)

Location: Sharpshooters Indoor Range in Lorton, VA. (8194M Terminal Road, Lorton, VA 22079)

Class Design: This one-hour intensive shooting session is designed to solidify basic pistol shooting fundamentals, expand safe pistol-handling skills, and refine the concepts of accuracy and speed. Through this session, we will establish a baseline skill assessment and design a skill progression that is appropriate for each shooter. Typical skill progression drills alternate between close-range accuracy and speed while gradually increasing the target distance. As appropriate, we will also incorporate drawing from the holster and engaging targets, drawing and engaging from concealed carry, multiple target drills, target discrimination drills, and strong-hand/weak-hand drills. At the end of each session, I will design an individualized self-paced practice plan for continued skill refinement.

NEW - Intermediate Pistol Training: For shooters who have achieved basic skills on their own or have matriculated through our basic Shoot With a Coach classes, we now offer the Intermediate Pistol Training Series, based on Sig Sauer's exceptional "Performance-Based" training methodology.

Class Size: This is a one-on-one period of personalized private instruction for skill development. We can also offer the same instruction to two shooters of similar skill levels who want to train together. Email webadmin@gunwhisperer.org for registration details.

Cost: We have two registration types: Bring your own gun and 100 rounds of ammo, or all-inclusive where we provide everything.

Pre-Requisites and Required Materials: None. We will tailor the course to meet your current skill level and training objectives.

Time: One hour, by appointment only.

Registration: Register at www.gunwhisperer.org. For more information, contact Howard at 949-212-2291 or howard@gunwhisperer.org.