



Overview: Shoot With a Coach (Pistol)

Location: Sharpshooters Indoor Range in Lorton, VA. (8194M Terminal Road, Lorton, VA 22079)

Class Design: This one-hour intensive shooting session is designed to solidify basic pistol shooting fundamentals, expand safe pistol-handling skills, and refine the concepts of accuracy and speed. Through this session, we will establish a baseline skill assessment and design a skill progression that is appropriate for each shooter. Typical skill progression drills alternate between close-range pinpoint accuracy and close-range speed while gradually increasing the target distance. As appropriate, we will also incorporate drawing from the holster and engaging targets, drawing and engaging from concealed carry, multiple target drills, target discrimination drills, and strong-hand/weak-hand drills. At the end of each session, I will design an individualized self-paced practice plan for continued skill refinement.

Class Size: This class is limited to only two shooters in order to maximize range time and coaching opportunities.

Cost: \$40.00. This fee covers one hour of range time, safety equipment, targets, and instruction. This does not cover ammunition costs. The cost is \$55.00 for the class with gun rental and ammunition.

Pre-Requisites and Required Materials: Clients must have graduated from NRA FIRST Steps Pistol, NRA Basic Pistol, or another accredited training course. Exceptions will be granted on a case-by-case basis. Clients may bring their own pistols, holsters, and accessories. Unless otherwise coordinated, clients must provide 100 rounds of their own ammunition.

Time: One hour, by appointment only.

Registration: Register at www.gunwhisperer.org. For more information, contact Howard at 949-212-2291 or howard@gunwhisperer.org.